



Winter Snow Sports Travel to **Colorado**

Picture yourself riding the rails westward into the snow covered Rocky Mountains of Colorado! Classes begin back on campus with strength training, visits to Crystal Mountain, and studying background material in anatomy and health. The group will then travel by train out to Vail Colorado where plenty of great skiing and snowboarding awaits, but also certification in Avalanche Safety Training and Wilderness First Aid Training & CPR. Students will earn two ½ credits in Health Wellness by their study work in this course.

The cost is approx. \$4,000 depending upon the final number registered; however, we must have a minimum of 6 students registered for the trip. The course is taught and chaperoned by Mr. and Mrs. Hood. You may contact them for more information at either bhood@leelanau.org or lhood@leelanau.org

